

Professional Speaker reDEFYning Leadership Excellence



Signature Topics

- Leadership reDEFYned: Embracing Authenticity to Break Traditional Leadership Molds
- Guide to Establishing Your Leadership Presence: Authenticity as a Pathway to Success
- Creating Connections: Using Storytelling and **Empathy as Growth Drivers**
- The Art of Confidence: Tapping into Values and Awareness to Grow

'I was impressed with Tami's ability to keep the entire room engaged and interested for the full two hours. Her warm and encouraging style made everyone feel comfortable sharing their work and every participant noted that they received actionable information that would help them in both their professional and personal lives.

Tami would be a true asset to any company. She earns my highest recommendation as a program leader."

> Lisa Niser **Professional Women's Club of Chicago**

As Seen At













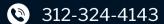






Tami Chapek is the Founder and CEO of WelnspireWe, an award-winning leadership and performance coach, and a dynamic speaker known for her transformative approach to leadership. As a Forbes contributor and credentialed coach (PCC, CPC, ELI-MP), she focuses on "reDEFYning Leadership" to inspire positive change in organizations and individuals. Tami's speaking engagements cover a range of topics centered on leadership, personal development, and performance, empowering her audience to lead with authenticity and impact.









Bespoke Presentations and Workshops for Your Unique Audience

We believe in co-creation and tailor our presentations to meet people where they are, ensuring engaging content with meaningful impact. Our signature speaking topics include:

- Leadership reDEFYned: This program challenges traditional leadership models, empowering individuals to lead using their unique strengths instead of replicating their boss's qualities. It guides participants to reDEFYne leadership with self-reflection, and offers a framework to move from good to great leadership, unlocking transformational change and potential.
- **Guide to Establishing Your Leadership Presence:** Authenticity drives great leadership, but self- and social-awareness help you identify which qualities to lean into in different situations. This program blends executive presence principles with alignment to your true self to enhance visibility, credibility, and leadership opportunities.
- Creating Connections: Using Authentic Storytelling and Empathy for Growth Relationships drive success. This program highlights storytelling and human principles to foster networking, advocacy, and support. Participants leave with a personal story template and actionable steps for empathetic engagement.
- The Art of Confidence: Tapping into Authentic Values and Awareness to Grow Inspired by Aristotle's "Knowing yourself is the beginning of all wisdom," this program helps individuals and teams gain deeper insight into their values and motivations. Participants leave with a clear understanding of their values, their alignment (or misalignment), and a plan to lead with greater authenticity and self-awareness.

Additional Speaking Topics

- Active Listening
- · Boundaries and Self-Care
- Career Path Planning
- Communication Skills
- Conflict Management
- Creating a High Performing Team
- Delegation Like a Pro
- Difficult Conversations
- Dynamic Communication

- Effectively Moving from Manager to Leader
- Emotional Intelligence
- Empathy and Well-being
- How to Set and Achieve Goals
- Influencing Others
- Managing Expectations
- Managing Competing Priorities
- Mentorship and Sponsorship

- Networking
- Motivation and Inspiration
- Personal and Leadership Branding
- Presentation Skills
- Problem Solving
- Rewards and Recognition
- Seven Levels of Leadership
- Time Management and Productivity





